

000566 - How can the concepts of quantum physics applied to consciousness affect the practice of hypnosis?

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Résumé

The present review aims to examine if the concepts and theories brought by the quantum physics can somehow influence the practice of hypnosis.

There is no consensus in the scientific community regarding issues such as the nature of consciousness and its manifestations, however many models like holoinformacional perception (di Biase, Amoroso), holonomic neural networks (Karl Pribram), Holographic Quantum Theory (David Bohm), Penrose-Hameroff hypothesis, among others, allow - depending on how they are interpreted - the approximation of the ideas and doctrines of ancient philosophies like Ayurveda, Traditional Chinese Medicine, etc. to current knowledge.

Nowadays we have theories which bring the possibility of existence and survival of consciousness beyond the physical body and manifestations in other levels of reality. And the concept of health is when not only the physical organs work properly, but when all other bodies - levels of manifestation of consciousness - work properly (modified from Goswami). The disease occurs not only because of genetic and environmental factors, but also due to inner experiences and the internal environment created by the memory of these experiences. Memories of past experiences also create patterns of conditioning by which we have a tendency to lose freedom to choose healthy possibilities. (Mitchell, Goswami, 1992). This concept gains much higher amplitude when associated with the possibility of independence of the consciousness (and its memories) from the physical body.

Experiments like Jahn & Dunne or Jacobo Grinberg bring the possibility of extrasensory perceptions and manifestations. Although contested by many researchers, similar experiments were performed (e.g. Waterman or Leanna Standish) for validation of such possibilities.

Given the above, we conclude that the incorporation of conceptual possibilities introduced by quantum physics can modify the practice of hypnosis by allowing the possibility of phenomena treated with a certain reserve during the historical evolution of Hypnosis, since the mesmeric magnetism therapies until past lives. Even though not definitively solve such issues, it increasingly opens greater possibilities. I do not advocate unrestricted acceptance of new concepts or theories, but invite everyone to reflection, mainly because in our practice we daily face facts for which we don't have yet fully convincing explanations by orthodox theories.

Objectifs

- to evaluate conceptions and theories of quantum physics applied to consciousness;
- to examine how they change our current perception of disease, health, reality, etc.;
- to conclude if these ideas can somehow influence the practice of hypnosis.

Liste des mots clés :

- quantique
- conscience
- Traitement integratif
- Spiritualité
- Nouveaux concepts
- approche de traitement alternatif/complémentaire

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